

FSA Estimated Annual Expense Worksheet

Use this worksheet to help estimate your out-of pocket health and/or dependent care expenses for the Plan year. You may include expenses for anyone who will be included on your Federal Tax Return (i.e. spouse, children, etc).

Remember: You can not change your election during the Plan year unless you experience a qualifying change in status.

Health Care Account	Annual Expense
Deductibles	\$
Co-payments	\$
Routine Well Visits	\$
Dental Expenses not covered by insurance	\$
Orthodontia	\$
Vision Expenses (<i>Exams, Glasses, Contact Lenses</i>)	\$
Hearing Expenses (<i>Exams, Hearing Aids</i>)	\$
Prescription Drugs	\$
Over the Counter Drugs	\$
Diabetic Supplies	\$
Therapy/Treatments (<i>Physical Therapy, Speech, Chiropractic</i>)	\$
Mileage for medical care related transportation	\$
Other Medically Necessary Un-reimbursed Expenses	\$
Total Estimated Health Care Expenses (A)	\$

Dependent Care Account	Annual Expense
Payment to a Dependent Care Facility	\$
Payment to a Dependent Care Individual	\$
Payment to Adult Care Provider	\$
Total Estimated Dependent Care Expenses (B)	\$

Health Care + Dependent Care Total	Total Expense
Total Estimated Annual Expenses (A)+(B) = (C)	\$

Summary				
\$ _____ Total Annual Expenses (C)	÷ Divided by	_____ Number of Pay Periods *	= Equals	\$ _____ Total Per Pay Period Deduction

**If enrolling mid year, account for the number of pay periods remaining in current Plan year.*